

me hidden health perks of youth home ownership

BY BERNARD WAKHUNGU
(PCO)

When 29-year-old Brian Mwangi received yet another rent hike—an eye-watering Sh8,000 increase, his third in less than two years—he was stunned. But it was a friend's pointed question that truly struck a nerve: "How long will you keep paying off someone else's mortgage?" That question

changed everything for the young man.

Determined to break free from the cycle of ever-rising rent, Mwangi decided to pursue homeownership through the Boma Yangu Affordable Housing Programme. Today, instead of receiving rent payment reminders, Mwangi now gets construction updates for his very own studio unit in Kikuyu Town, courtesy of the Boma Yangu portal under the Affordable Housing

Programme.

For the first time, he feels a sense of control over his finances and future for he no longer pays rent to someone else, but he is investing directly in his own home. Mwangi's story is fast becoming a reality for many young Kenyans who are choosing to own homes rather than rent.

A growing body of international research shows that homeownership is not only a financial milestone

but also contributes to better health and longer life expectancy.

The Boma Yangu Affordable Housing Programme is helping Kenyans, especially the youth, access this life-changing opportunity. A 2024 study published in Demography found that owning a home offers a measurable longevity benefit.

In the United States for instance, young homeowners enjoy an average

4.1-year life expectancy advantage over renters. While in the United Kingdom, studies show that people report better physical and mental health once they transition from renting to ownership.

In Japan, a 2024 study revealed that older adults living in owner-occupied homes experience the lowest mortality risk, while in Australia, 38 percent of renters report mental health strain caused by

housing insecurity compared to just 23 percent of homeowners.

Buying a home early in life also makes practical financial sense. A mortgage taken between the ages of 25 and 35 can be spread over several decades, meaning that by the time one reaches retirement, the home is fully or nearly paid off. Renters, however, continue to pay indefinitely, often facing rising costs with age.



www.wasreb.go.ke

WATER ACT 2016 Section 70, 72, 85, 87 & 139

PUBLIC CONSULTATION MEETING ON TARIFF ADJUSTMENT AND LICENCING

The Water Services Regulatory Board (WASREB) has received applications from four (4) Water Service Providers (WSPs) for tariff reviews and licensing. These applications are submitted in line with Section 72(1)(b) of the Water Act 2016, aiming to enable full cost recovery to ensure sustainable service delivery and facilitate critical investments for improved water services. Additionally, licensing applications have been submitted under Section 85(1) of the Water Act 2016.

Therefore, in compliance to WASREB principal object under the Water Act 2016 Section 70(1) "protection of the interests and rights of consumers in the provision of water services", Section 87(1) "An application for a licence and tariff shall be subject to public participation" read together with the provision of Section 139, we hereby notify the public of upcoming consultation meetings. These meetings will provide stakeholders an opportunity to express their views on current service delivery, proposed licensing conditions, tariff adjustments and potential service improvements.

Please note that the Water Service Provider shall hold hybrid public consultation meeting (physical and virtual) as outlined below.

Water Service Provider (WSP)	COUNTY	VENUE	DATE AND TIME	TYPE OF APPLICATION
Kirandich Water Company Limited (KWACO)	Baringo	Kenya School of Government, Auditorium, Kabarnet Town	9 th December 2025 at 10:00 a.m	Tariff Adjustment
Nyeri Water & Sanitation Company Limited (NYEWASCO)	Nyeri	Wangari Maathai Cultural Centre, Nyeri, near department of public works	9 th December 2025 at 10:00 a.m	Tariff Adjustment
Limuru Water & Sewerage Company Limited (LWASCO)	Kiambu	Jumua Conference & Country House next to St Paul's University.	11 th of December 2025 at 10:00 a.m	Tariff Adjustment
Garissa Water and Sewerage Company Limited (GAWASCO)	Garissa	Government Guest House in Garissa.	11 th of December 2025 at 10:00 a.m	Licence and Tariff Adjustment

Important information:

- Each WSP is required to engage with stakeholders in different zones within its service area before the scheduled public consultation and submit a report to the Regulatory Board.
- Participants should be seated by 10:00am. Personal identification of participants will be required.
- Members of the public in respective areas are invited to make oral and written submissions and ask any questions that may relate to the provision of water services in their areas.
- Details regarding the proposed tariff adjustment, minor investments and performance targets can be accessed at www.wasreb.go.ke.

Written comments on the application can be emailed to WASREB at info@wasreb.go.ke. Hard copies can be submitted to:

The Chief Executive Officer,
Water Services Regulatory Board,
5th Floor SHA Building,
Ngong Road,
P.O. Box 41621-00100, NAIROBI.

The closing date for receipt of comments is 30 days after the publication of this notice.

CHIEF EXECUTIVE OFFICER
WATER SERVICES REGULATORY BOARD

Water Services for All



MAASAI MARA UNIVERSITY

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Telephone Number: +254 20 5131400 Email Address: info@mmarau.ac.ke
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13th GRADUATION CEREMONY FRIDAY, 19th DECEMBER, 2025

Maasai Mara University wishes to inform all prospective graduates for the 2024/2025 Academic year, parents/guardians, alumni and members of the public that the 13th Graduation Ceremony will be held on Friday, 19th December, 2025 at the Graduation Pavilion, commencing at 9:00am. The event will also be streamed live through the University website and Facebook page. The links will be made available on the University website; www.mmarau.ac.ke.

LIST OF GRADUANDS

The graduation list will be posted on the University website: www.mmarau.ac.ke.

CLEARANCE OF FEES

Graduands are expected to complete any outstanding fees latest Friday, 28th November, 2025. Those who will not have completed the fees by the given deadline will not be cleared for graduation.

GRADUATION AND CONVOCATION FEES

Graduands are required to pay the following mandatory charges for the various categories:

S/No	PROGRAM	CHARGES (KSH)
1	Ph.D	7,500
2	Masters	6,500
3	Bachelors	5,500
4	Diploma	4,500
5	Certificate	4,500

ALUMNI REGISTRATION FEES

Pursuant to Article 4, Section (c) of the Alumni constitution, all graduands are required to pay a subscription fee of KShs. 1,000/- (One Thousand Shillings) only before they graduate.

Payments should be made through the E-citizen platform via the Junge Online Application - not later than Friday, 28th November, 2025.

COLLECTION OF ACADEMIC GOWNS

Graduation gowns will be available for graduands at the Main campus. The collection schedule will be communicated through the website. Forms for hire of gowns can be downloaded from the University website www.mmarau.ac.ke. Graduation gowns should be returned latest by Friday, 8th January, 2026. Those who fail to observe the deadline will be required to pay a penalty at the rate of KShs. 1,000/- (One Thousand Shillings) per day, inclusive of weekends.

INVITATION CARDS

During the hiring of the academic gown, each graduand will be given two (2) invitation cards for their guests. Any person without an invitation card will not be allowed to the Graduation Pavilion.

REHEARSAL

The rehearsal is an integral part of the Graduation Ceremony. All graduands intending to participate in the ceremony must attend the rehearsal at the Graduation Pavilion in full academic attire on Thursday, 18th December, 2025 at 10:00 a.m.

COLLECTION OF CERTIFICATES

Certificates will be ready for collection from the University Examinations Office at the start of February, 2026. The specific dates will be communicated through the University website in January, 2026. Certificates not collected beyond a period of One (1) year after graduation will attract a storage fee of KShs. 18,000/- (Ten Thousand Shillings) per year.

PUNCTUALITY

All graduands and invited guests are advised to be seated by 9:00a.m.

For more information, please contact:

The Registrar Academic Affairs, Maasai Mara University
P. O. Box 861-20500, NAROK - KENYA
Email: reg-aa@mmarau.ac.ke